

MASCULINE

FEMININE

**HOW YOU
PRESENT
YOURSELF
TO OTHERS**

**ANDROGYNOUS,
NON-BINARY**

MAN

WOMAN

**HOW THE
WORLD
SEES YOU**

**TRANSGENDER,
GENDERQUEER,
NON-BINARY**

MALE

FEMALE

INTERSEX

**WHAT THE
DOCTOR
ASSIGNED YOU
AT BIRTH**

MAN (FTM)

WOMAN (MTF)

**HOW YOU
FEEL ON
THE INSIDE**

**GENDERFLUID &
TRANS*,
TRANSGENDER,
GENDERQUEER,
NON-BINARY**

**ATTRACTED
TO WOMEN**

**ATTRACTED TO
MEN**

**WHO YOU
LIKE**

**BISEXUAL,
PANSEXUAL,
ASEXUAL**

TRAINER INFORMATION

BIOLOGICAL SEX

What the doctor assigned you at birth

MALE Intersex FEMALE

GENDER IDENTITY

How you feel on the inside

MAN (FTM) Genderfluid, Trans*, Transgender, Genderqueer, Non-Binary WOMAN
(MTF)

GENDER EXPRESSION

How you present yourself to others

MASCULINE Androgynous, Non-Binary FEMININE

GENDER PRESENTATION

How the world sees you

MAN Transgender, Genderqueer, Non-Binary WOMAN

SEXUAL ORIENTATION

Who you like

ATTRACTED TO WOMEN Bisexual, Pansexual, Asexual ATTRACTED TO MEN

*Adapted from The Spectrum retrieved from

http://b.3cdn.net/trevor/588f331831263e79d0_lsm6bhqes.png on 7/19/2017