

## Turning the Tables

Please identify one of the following topic areas that pertain to you or someone in your family. After doing so, respond to the questions listed below. You will process out the feelings and thoughts that arose while completing the handout, but you will not be required to share responses to the questions below. Only offer as much information as you are comfortable offering.

- Drug Choice
- Relationship Problems
- Mental Health
- Dysfunctional Circumstances
- Specific Events Causing Involvement

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1. Would you want a family meeting? Yes No
  2. What would you be most worried about? \_\_\_\_\_  
\_\_\_\_\_
  3. Would your family want to have a family meeting? Who would / would not? Why? \_\_\_\_\_
  4. Who would you want invited to your conference? \_\_\_\_\_  
\_\_\_\_\_
  5. Are there people in your family who you would especially not want to know your business? \_\_\_\_\_  
\_\_\_\_\_
  6. Who wouldn't you want involved? Why? \_\_\_\_\_  
\_\_\_\_\_
  7. What if your child or family felt that person was essential to successful planning? \_\_\_\_\_  
\_\_\_\_\_
  8. Is there any way you could be made to feel more comfortable with that person being involved? \_\_\_\_\_  
\_\_\_\_\_

## Turning the Tables (cont'd)

9. Are there people that you would absolutely refuse their involvement? Why? \_\_\_\_\_  
\_\_\_\_\_
10. Would everyone show up? If no, who wouldn't and why? \_\_\_\_\_  
\_\_\_\_\_
11. Where would you hold your conference? \_\_\_\_\_  
\_\_\_\_\_
12. What food would you serve? \_\_\_\_\_  
\_\_\_\_\_
13. What family ritual would you have to open and close your conference? \_\_\_\_\_  
\_\_\_\_\_
14. Would everyone in your family be comfortable with this? \_\_\_\_\_  
\_\_\_\_\_
15. Would a family member lead the family ritual? \_\_\_\_\_
16. Would you want your children involved? Other children? Why / Why not? \_\_\_\_\_  
\_\_\_\_\_

