

Underlying Concerns

- Can you tell me more about that?
- What concerns you most about that?
- What worries you most about that?
- Do (or did) you know that they (family/others) worry about that?
- Can I ask them (the person or people who are worrying about you) why they worry?
- Would it make sense to...?
- I know this is difficult to talk about, but can you tell me more about that?

