

WORKSHOP DIRECTORY PAGE

TITLE: **Charting the Course towards Permanency for Children in Pennsylvania**
Module 10: Making Permanent Connections: Outcomes for Professional Development

COMP. #: 110

NO. HRS: 6

DATE: August 2011

COMPETENCIES:

102-1: The child welfare professional is able to apply social work values and principles in practice, including respecting the self-determination, dignity and individuality of the family.

104-15: The child welfare professional knows their personal psychological stresses associated with child placement casework and can identify strategies to prevent emotional distress and burnout.

108-1: The child welfare professional understands the concept of cultural competence; knows how one's own culture affects behavior and values; and knows how cultural and ethnic differences may affect the delivery of child welfare services.

LEARNING OBJECTIVES: Participants will be able to:

- Apply the strength-based, solution-focused perspective presented in *Charting the Course* to their professional development;
- Identify how trauma-informed care can be used in self-care; and
- Recognize how to use critical thinking in the formation of professional ethics, ongoing professional development process and decision making.

CALENDAR SUMMARY:

Module 10 of *Charting the Course: Making Permanent Connections: Outcomes for Professional Development* is designed to assist child welfare professionals to apply their child welfare practice knowledge and skills, such as a strength-based, solution-focused perspective, to personal growth and professional development. They will explore how to apply critical thinking skills, combined with ethics and trauma-informed care principles, to promote a successful and stress-reducing decision-making process. Practical tips for personal safety and well-being will be provided and participants will

begin to identify ongoing training and activities necessary for continuing professional development. This workshop is eligible for 6 Continuing Education credit hours (CE's).

TARGET AUDIENCE:

This workshop is designed for newly-employed child welfare professionals seeking certification as Direct Service Workers, private provider staff and other child welfare professionals.

Prerequisite: Completion of *Charting the Course* Modules 1-9.

EXPECTATIONS OF THE TRAINER:

The trainer should be knowledgeable about the strengths and stressors of child welfare, interactional skills, trauma-informed care, NASW ethical principles, strengths-based solution-focused perspective, time management techniques and professional development. Further, the trainer should be familiar with Modules 1-9 of *Charting the Course towards Permanency for Children in Pennsylvania*. The trainer must also have considerable experience in conducting training workshops, excellent group facilitation skills, competency in dealing with emotionally-charged environments and knowledge regarding the Pennsylvania Child Welfare Training Program.

MATERIALS NEEDED TO PRESENT WORKSHOP:

- ✓ 2 Flipchart stands
- ✓ 2 Blank flipchart pads
- ✓ TV/DVD
- ✓ Colored markers
- ✓ Masking tape or blue tape
- ✓ CTC name tents
- ✓ Laptop, LCD projector and screen or overhead projector and screen
- ✓ 6 packs of 3X5" Post-It Notes, in varying colors
- ✓ 21 pieces of blank paper
- ✓ IQ Circle Puzzles (6), each cover marked with a different number, one through six
- ✓ Current Pennsylvania Child Welfare Training Program Calendar (6 table copies)
- ✓ Current Workshop Directory binder (6 table copies)
- ✓ New Worker Packet (1 for trainer reference)
- ✓ Handouts
- ✓ Power Point presentation
- ✓ Trainer Resources
- ✓ DVD: *Caregivers*

LIST OF HANDOUTS:

- ✓ **Handout #1:** Matching Game (1 page)

- ✓ **Handout #2:** Agenda (1 page)
- ✓ **Handout #3:** Basic Principles to Assure Physical Safety (2 pages)
- ✓ **Handout #4:** Questions for Self-Reflection (1 page)
- ✓ **Handout #5:** Managing Time Based on Priorities (1 page)
- ✓ **Handout #6:** Tips to Reduce Stress (1 page)
- ✓ **Handout #7:** Ethical Dilemmas (1 page)
- ✓ **Handout #8:** Things To Do (1 page)
- ✓ **Handout #9:** How the Pieces Fit Together (2 pages)
- ✓ **Handout #10:** Professional Development Plan (2 pages)
- ✓ **Handout #11:** Congratulations on Your Accomplishment (1 page)
- ✓ **Handout #12:** References (3 pages)

POWERPOINT PRESENTATION:

- ✓ **Module 10: Making Permanent Connections: Outcomes for Professional Development** (56 slides)

LIST OF TRAINER RESOURCES:

- ✓ **Trainer Resource #1:** Matching Game Answer Key (1 page)
- ✓ **Trainer Resource #2:** How the Pieces Fit Together Answer Sheet (3 pages)

LIST OF VIDEOS:

- ✓ ***Caregivers DVD***

CREDIT ASSIGNED:

Continuing Education credits: 6 hours