

## PROTECTIVE CAPACITY WORKSHEET

THREAT IDENTIFIED: \_\_\_\_\_

Type of Protective Capacity	Needed to Offset the Threat?	For Which Caregiver?	Current Status?	Description	Priority?
<b>Behavioral Protective Capacities</b>					
1.				The caregiver has a history of protecting.	
2.				The caregiver takes action.	
3.				The caregiver demonstrates impulse control.	
4.				The caregiver is physically able.	
5.				The caregiver has/ demonstrates adequate skill to fulfill caregiving responsibilities.	
6.				The caregiver possesses adequate energy.	
7.				The caregiver sets aside her/his needs in favor of a child.	
8.				The caregiver is adaptive as a caregiver.	
9.				The caregiver is assertive as a caregiver.	
10.				The caregiver uses resources necessary to meet the child's basic needs.	
11.				The caregiver supports the child.	
<b>Cognitive Protective Capacities</b>					

12	The caregiver plans and articulates a plan to protect the child.					
13	The caregiver is aligned with the child.					
14	The caregiver has adequate knowledge to fulfill caregiving responsibilities and tasks.					
15	The caregiver is reality oriented; perceives reality accurately.					
16	The caregiver has accurate perceptions of the child.					
17	The caregiver understands his/her protective role.					
18	The caregiver is self-aware as a caregiver.					
<b>Emotional Protective Capacities</b>						
19	The caregiver is able to meet own emotional needs.					
20	The caregiver is emotionally able to intervene to protect the child.					
21	The caregiver is resilient as a caregiver.					
22	The caregiver is tolerant as a caregiver.					
23	The caregiver displays concern for the child and the child's experience and is intent on emotionally protecting the child.					
24	The caregiver and child have a strong bond and the caregiver is clear that the number one priority is the well-being of the child.					
25	The caregiver expresses love, empathy and sensitivity toward the child; experiences specific empathy with the child's perspective and feelings.					

