

SMART GOALS

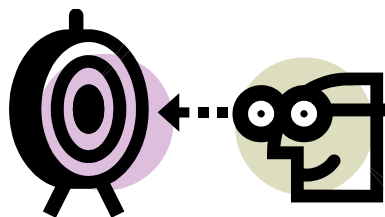
SPECIFIC: Write very specific behavioral statements to identify skills to be improved or developed.

MEASURABLE: Identify how progress will be measured.

ACTION ORIENTED: Identify an action(s) you need to do differently than you normally do in order to achieve desired results.

REALISTIC: Identify factors that make the goal attainable, your strengths, *or* available resources that will support your progress.

TIME LIMITED: Identify by what dates you will have completed the action plan.



Action Plan: TOL Support Session

Specific	Measurable	Action Oriented	Realistic	Time Limited

Worker's Signature, Date

Supervisor's Signature, Date