



206 Family Center Event 2015

Workshop title: Adult Mental Health Issues

Presenter: Kathy Moore

Summary:

More and more often Family Center Workers are engaged by families struggling with Adult Mental Health Issues. In efforts to build strong families it is imperative that Professionals are able to identify mental health indicators and develop effective engagement strategies so that children and families can learn and grow together. In this workshop participants will build on their knowledge of strengths based approaches as they begin to identify areas in which their programs can more intentionally integrate this approach into their work with families.

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Agenda for the 2 Hour Workshop- Adult Mental Health Issues

Estimated Time	Content	Page
30 minutes	Section I: <i>Introduction</i>	1
1 hour	Section II: <i>Adult Mental Health Issues</i>	1
30 minutes	Section III: <i>The Professional's Role</i>	2

Section Name	Est. Time	Key Concepts	Resources Used
Section I: Introduction	30 minutes	Method: Lecture/PowerPoint Presentation/Discussion Key Concepts: <ul style="list-style-type: none"> • Introductions • Review Agenda and Objectives • WIIFM • Terminology 	PowerPoint Slides 1 - 8
Section II: Adult Mental Health Issues	10 minutes	Method: Lecture/PowerPoint Presentation/Discussion Key Concepts: <ul style="list-style-type: none"> • Mood Disorders <ul style="list-style-type: none"> ○ Depression ○ Bi-Polar ○ Anxiety ○ Panic Attacks ○ Obsessive Compulsive Disorder ○ Post-Traumatic Stress Disorder ○ Phobias • Personality Disorders <ul style="list-style-type: none"> ○ Antisocial Personality Disorder ○ Borderline Personality Disorder 	PowerPoint Slides 9-45

		<ul style="list-style-type: none"> ○ Histrionic Personality Disorder ○ Narcissistic Personality Disorder 	
<p style="text-align: center;">Section III: The Professional's Role</p>	<p>40 minutes</p>	<p>Method: Lecture/PowerPoint Presentation/Discussion</p> <p>Key Concepts:</p> <ul style="list-style-type: none"> ○ Decision Making ○ Common Concerns ○ Collaborating ○ Systems Map ○ Transfer of Learning and Action Plan 	<p>PowerPoint Slides 46-50</p>

References

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Arlington, VA: American Psychiatric Publishing