



University of Pittsburgh

School of Social Work
Child Welfare Education and Research Programs
The Pennsylvania Child Welfare Resource Center

403 East Winding Hill Road
Mechanicsburg, PA 17055
717-795-9048 Fax 717-795-8013

Dear 313: *Managing the Impact of Traumatic Stress on the Child Welfare Professional* Participant:

Thank you for registering for the 313: *Managing the Impact of Traumatic Stress on the Child Welfare Professional* training. The Pennsylvania Child Welfare Resource Center believes that training is not a "stand-alone" event. Research shows that activities completed before, during, and after training can help a participant better understand the content of the training and later apply it on the job. Therefore, two weeks prior to your attendance at this in-class course, please complete the online pre-work. It will take you about one ½ hour to complete. You will be responsible for knowing the materials associated with the pre-work prior to your arrival at the training. This information is essential to support your participation in the classroom activities.

The objectives for pre-work are the following:

- ✓ Define common terms associated with trauma
- ✓ Differentiate between primary and secondary trauma
- ✓ Identify how people in a child welfare agency are exposed to trauma
- ✓ Define a personal goal for the training

Upon completion of this online course you will be prompted to print out a two page handout: *Personal Goal for the Training*. Please bring your completed handout to the in-class session for use during the training.

Enclosed please find your user name, password and instructions for accessing the online portal. Please follow the instructions carefully to access and complete the pre-work. You may contact Rachael Ickes at 1-877-297-7488 if you have any questions or challenges in accessing and completing the pre-work.

Thank you again for registering for this class. We appreciate your support of the Pennsylvania Child Welfare Resource Center.

Sincerely,

Resource Center Staff

Enclosure(s)