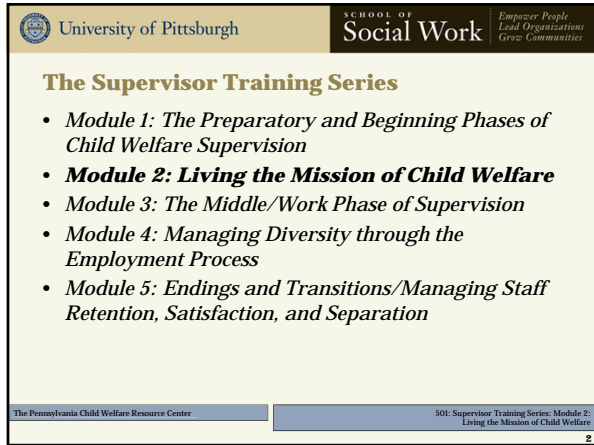




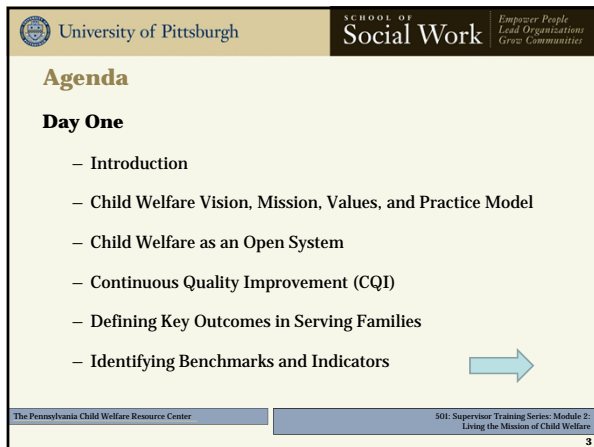
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Agenda

Day Two

- Performance Actions and Performance Capacity
- Assessing for Change
- Planning for Change
- Implementing the Change Process
- Monitoring Progress
- Transferring Skills to Practice
- Evaluation and Closure


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Learning Objectives

Participants will be able to:

- Define organizational mission and outcomes that are consistent with the *Adoption and Safe Families Act* and the Pennsylvania Child Welfare Practice Model;
- Identify the components of an Open System Model;
- Describe how Continuous Quality Improvement (CQI) can be achieved using the DAPIM™ framework;



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Learning Objectives (continued)

Participants will be able to:

- Explore ways to assess and plan work activities of the unit and staff member that will achieve identified outcomes;
- Explain how to implement necessary change within the unit; and
- Explore ways to monitor work activities to support the achievement of identified outcomes.

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Roles of Supervision

Administrative Supervision focuses on those areas of supervision related to the efficient and effective delivery of services. This module stresses the importance of understanding one's own management style within the context of the agency's mission and vision and administrative structure and focuses on agency goals and outcomes. It is within this role that the supervisor must always be aware of the supervisor role as an agent of the organization. It becomes the supervisor's responsibility to support cohesion among the department and collaboration between departments by leading through example.

Educational Supervision

Clinical Supervision 

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Idea Catcher

Don't let a good idea get away!

People remember:

- 20% of what they hear
- 30% of what they see
- 70% of what they say
- 90% of what they do

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ASFA Provisions

- Ensure that child safety is the paramount concern in all child welfare decision-making
- Shorten the timeframes for making permanency planning decisions and promote the adoption of children who cannot safely return to their own homes
- Focus on the well-being of, and positive results for, children and families and strengthen partnerships between child welfare agencies and other systems to support families at the community level
 - Source: *Rethinking Child Welfare Practice Under the Adoption and Safe Families Act of 1997: A Resource Guide*, by the U. S. Department of Health and Human Services

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On the Floor



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Let's Get on the Balcony



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Vision

A vision statement describes how the future will look when an organization's desires and aspirations are realized.

(American Public Human Services Association, 2011)

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Pennsylvania Child Welfare Resource Center's Vision

"Every child, youth, and family experiences a life rich with positive opportunities, nurturing relationships, and supportive communities."

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Mission

A mission statement describes the particular role an organization plays in realizing that vision. The mission statement must have fit, clarity, and commitment.

(American Public Human Services Association, 2011)

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A Mission Must Have

- Fit
- Clarity
- Commitment

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Effective Mission Statements are:

- Brief
- Broad
- Clear
- Compelling
- Memorable
- Real
- Cultural

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Effective Mission Statements Tell:

- Who benefits;
- What will be done;
- How results will be produced; and
- Address the diversity of the population served.

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Pennsylvania Child Welfare Resource Center's Mission Statement

“The Pennsylvania Child Welfare Resource Center is a national leader in advocating for an enhanced quality of life for Pennsylvania’s children, youth, and families. In partnership with families, communities, public and private agencies, we prepare and support exceptional Child Welfare Professionals and systems through education, research and a commitment to best practice.”

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What is the Pennsylvania's Child Welfare Practice Model?

✧ Vision & Values ✧


Linking Ideals to Practice



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Pennsylvania's Child Welfare Practice Model




- Outcomes
- Values and Principles
- Skills

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Pennsylvania's Child Welfare Practice Model: Outcomes

- Safety from abuse and neglect
- Permanence
- Wellbeing
- Support through services
- Strengthened families
- Skilled and responsive child welfare professionals




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Pennsylvania's Child Welfare Practice Model : Values and Principles




- Children, Youth, Families
- Community
- Honesty
- Cultural Awareness and Responsiveness
- Respect
- Teaming
- Organizational Excellence

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Pennsylvania's Child Welfare Practice Model : Skills

- Engaging
- Teaming
- Assessing and Understanding
- Planning
- Implementing
- Monitoring and Adjusting



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For More Information on Pennsylvania's Child Welfare Practice Model...

<http://www.pacwrc.pitt.edu/PracticeModel.htm>

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What is a System?

“A group of interacting, interrelated, and interdependent components that form a complex and unified whole.”

(pegasus.com, 2011)

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Characteristics of All Systems

- Every system has a purpose within a larger system;
- All of a system's parts must be present for the system to carry out its purpose optimally;
- A system's parts must be arranged in a specific way for the system to carry out its purpose;
- Systems change in response to feedback; and
- Systems maintain their stability by making adjustments based on feedback.

(Pegasus.com, 2011)

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CHILD WELFARE- AN "OPEN" SYSTEM

APWCA, 2009

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Continuous Quality Improvement (CQI)

The ongoing process by which an agency makes decisions and evaluates its progress.

The National Resource Center for Organizational Improvement and Casey Family Programs

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The Purpose of Continuous Quality Improvement (CQI)

The purpose of CQI is to consistently gather information from a variety of sources that can help to evaluate the quality of services delivered, inform decision making related to program and agency improvements, and assist in the development of a plan for improvement.

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What Does DAPIM™ Mean?

D: Define

A: Assess

P: Plan

I: Implement

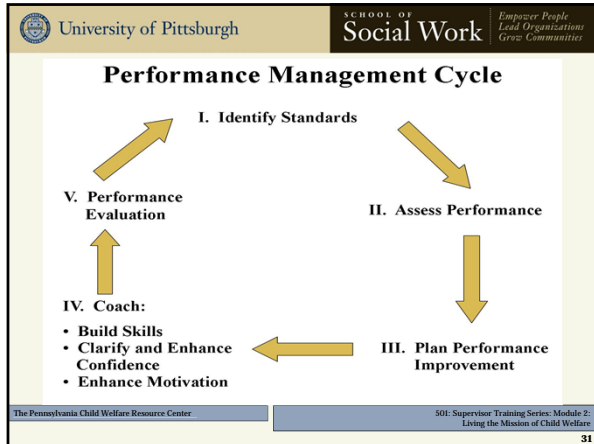
M: Monitor

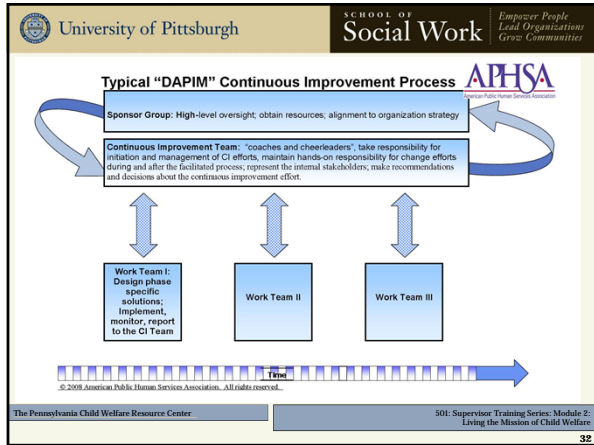
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DAPIM™ (Define)

Define the Desired Future State.

- What do you want to improve?
- If the problem were solved, what would you see in your agency?
- How would you define success?

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DAPIM™ (Assess) | **APHSA** | American Public Human Services Association

Assess strategy, inputs (resources), performance capacity, performance activities, outputs, outcomes, and feedback from the environment.




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DAPIM™ (Bridge to Planning) | **APHSA** | American Public Human Services Association

Bridging assessment and planning work involves group input, brainstorming, and dialogue to determine:

- Findings: Strengths and Gaps
- Priority Needs
- Root Causes
- General Remedies



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DAPIM™ (Bridge to Planning) | **APHSA** | American Public Human Services Association

Why are work teams important?

They create buy-in. Staff at all levels have a chance to participate in creating something that would have an impact on themselves and others.

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DAPIM™ (Plan) | APHSA | American Public Human Services Association

- Identifies both rapid (quick wins), mid term improvements, and long-term improvements;
- Involves the County Improvement Plan that drives the Needs Based Plan and Budget.
- Includes capacity planning; and
- Includes communication planning.

→

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DAPIM™ (Implement) | APHSA | American Public Human Services Association

Implement those plans in detail.

- Work teams continue;
- Action plans;
- Capacity building turns into capacity management; and
- Communication management.

→

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DAPIM™ (Monitor) | APHSA | American Public Human Services Association

Monitor progress and impact for accountability and ongoing adjustment.

→

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DAPIM™ (Monitor) (continued)

- Monitoring completes the flywheel.
- Monitoring uncovers new areas for continuous improvement.
- The flywheel starts again resulting in Continuous Quality Improvement.

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“We must become the change we want to see”

Mahatma Gandhi

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APHSA Models and Tools


What Supervisors Can Impact

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Define the Desired Future State 

- What do you want to improve?
- If the problem were solved, what would you see in your agency?
- How would you define success?

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Outcomes are:

- Mission-critical
- Specific
- Measurable
- Observable
- Behavior-oriented
- Results-oriented (rather than stating an output)

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Benchmarks & Indicators

Benchmarks and indicators measure progress on mission-critical results:

- numbers 3 out of 10
- percentages 25%
- increases ↑
- decreases ↓
- stability →

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What's the Difference?

- *Benchmarks* are the measured goals for which we aim.
- *Indicators* are the specific measurements used to gauge performance or progress toward the benchmarks.

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Baseline

1st measurement of the indicator

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Effective Benchmarks and Indicators are:

- Specific
- Observable
- Measurable
- Mission-Critical
- Culturally Competent
- Clear and Reasonable

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Agenda

Day One

- Introduction
- Child Welfare Vision, Mission, Values, and Practice Model
- Child Welfare As An Open System
- Continuous Quality Improvement (CQI)
- Defining Key Outcomes In Serving Families
- Identifying Benchmarks And Indicators

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Agenda

Day Two

- Performance Actions And Performance Capacity
- Assessing For Change
- Planning For Change
- Implementing The Change Process
- Monitoring Progress
- Transferring Skills To Practice
- Evaluation And Closure

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Performance Capacity

- Workforce capacity- a unit or department's combined knowledge and skills.
- Functional capacity- Use of strategic support functions
- Trust-
 - Perceived level of physical and emotional safety within the work place.
 - Partnerships, cliques, or subcultures

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Competencies

Skills and Knowledge

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What is a Skill?

A specific behavior that the worker uses in the helping process.

(Shulman, 1999)

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Skills

- Engaging
- Teaming
- Assessing and Understanding
- Planning
- Implementing
- Monitoring and Adjusting

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Which Skill is Responsible?

Monitoring and Adjusting?

↓

Assessing and Understanding?

↓

Engaging?

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Knowledge

“What do my workers need to know to do a specific job?”

“What knowledge does this worker need?”

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Competency Tasks

Identify the following for which a child welfare professional needs to meet your assigned QSR indicator:

- Skills
- Knowledge

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Bridge to Planning

- Prioritizing gaps
- Root cause analysis

APHSA, 2009

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Root Cause Analysis

What isn't working and why specifically is that?

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Three Types of Remedies

- Recommendations;
- Decisions or commitments; or
- Team activities.

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The Purposes of Communication Planning

- Demonstrate explicitly a commitment to improving client outcomes and services over time;
- Build unit credibility with outside staff;
- Remind the work team of commitments made;

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The Purposes of Communication Planning (cont'd)

- Get everyone on the same page about improvement work to be done, how it will be rolled out over time, how different initiatives are connected, and why they matter;
- Track accountability and monitor progress while reinforcing a culture of accountability, data-driven assessment, follow-through, and ongoing adjustment;

AND

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The Most Important Purpose of Communication Planning is to:

Minimize rumors, fear, and resistance of the change process that inevitably will surface.

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Principles of Effective Feedback

Feedback should be:

- Balanced
- Specific
- Objective
- Appropriate
- Understandable
- Participative
- Comparable
- Actionable
- Sufficient
- Hierarchical

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Tasks of Implementation

- Chartering work teams
- Capacity management
- Communication management

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Typical "DAPIM" Continuous Improvement Process

Sponsor Group: High-level oversight; obtain resources, alignment to organization strategy

Continuous Improvement Team: "coaches and cheerleaders", take responsibility for initiation and management of CI efforts, maintain hands-on responsibility for change efforts during and after the facilitated process, represent the internal stakeholders, make recommendations and decisions about the continuous improvement effort.

Work Team I: Design phase specific solutions; implement, monitor, report to the CI Team

Work Team II

Work Team III

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Implementation (Capacity Management)

Capacity Planning → Capacity Management

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Implementation: Communication Management

Communication Planning → Communication Management

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Steps in the Change Process

- (1) unfreezing the equilibrium,
- (2) moving into a state of disequilibrium, and
- (3) freezing at a new quasi-stationary equilibrium. The third step is still quasi because it too is a stop along the way.

Sanborn, 1991

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Implications of Change

- Expressions of ambivalence, defensiveness, and resistance are normal.
- Persons must feel safe and supported throughout the change process.
- Ambivalence about change may make it necessary for the supervisor to exercise more power to facilitate the process of growth.

Shulman, 2011

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A Simple Model for Managing Change

(American Productivity and Quality Center, 1993)

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    graph LR
      subgraph Row1 [CHANGE]
        V1[Vision] --> S1[Skills] --> I1[Incentives] --> R1[Resources] --> A1[Action Plan] --> C1[CHANGE]
      end
      subgraph Row2 [CONFUSION]
        S2[Skills] --> I2[Incentives] --> R2[Resources] --> A2[Action Plan] --> C2[CONFUSION]
      end
      subgraph Row3 [ANXIETY]
        V3[Vision] --> I3[Incentives] --> R3[Resources] --> A3[Action Plan] --> C3[ANXIETY]
      end
      subgraph Row4 [GRADUAL CHANGE]
        V4[Vision] --> S4[Skills] --> R4[Resources] --> A4[Action Plan] --> C4[GRADUAL CHANGE]
      end
      subgraph Row5 [FRUSTRATION]
        V5[Vision] --> S5[Skills] --> I5[Incentives] --> A5[Action Plan] --> C5[FRUSTRATION]
      end
      subgraph Row6 [FALSE STARTS]
        V6[Vision] --> S6[Skills] --> I6[Incentives] --> R6[Resources] --> C6[FALSE STARTS]
      end
  
```

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Managing Change

- What was the vision?
- Who was impacted?
- What skills were needed by staff ?
- What were the benefits to staff, clients, and the community for supporting and implementing the improvement?
- What resources were needed?
- Who was involved in developing the action plan?

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Who Moved My Cheese?

- How could each of the character's behavior be explained?
 - Hem
 - Haw
 - Scurry
 - Sniff
- Imagine you were the leader in charge of the cheese. What feedback are the characters giving you through their behaviors?

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The Purposes of Monitoring

- Holds those accountable for creating the necessary change.
- Measures success.
- Gathers data needed to keep the DAPIM™ flywheel in motion.

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Three Types of Monitoring Activities

- Lessons Learned
- Implementation Review
- Impact Review

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Lessons Learned

Critical conversations that address new and emerging questions and can drive innovations within an agency.

Example: After Action Review

- What went well?
- What didn't go well?
- What should be different next time?

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Implementation Review

- Measurement accomplishments and milestones from Improvement Plan.
- "Did we do what we said we'd do."
- The most basic form of monitoring.
- Regularly through leadership team meetings, unit meetings, and supervisory conferences.

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Impact Review

A higher level technique and measures impact on organizational capacity or client outcomes.

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Examples of Impact Reviews

Federal Child and Family Services	→	Monitors states' outcomes
Pennsylvania QSRs	→	Monitors counties' outcomes
County QSRs	→	Monitors departments' outcomes
?	→	Monitors staff's outcomes

The Pennsylvania Child Welfare Resource Center 501: Supervisor Training Series: Module 2: Living the Mission of Child Welfare 82

University of Pittsburgh SCHOOL OF Social Work Empower People Lead Organizations Grow Communities

Heraclitus's Famous Words

“The only constant is change.”

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